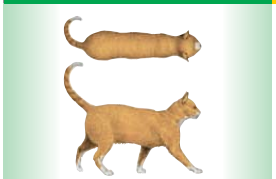
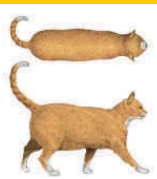
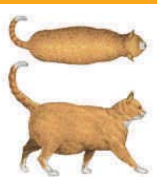
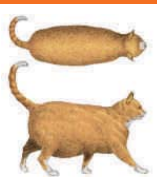
Hill's BFI risk chart

20	30	40	50	60	70
16-25% body fat	26-35% body fat	36-45% body fat	46-55% body fat	56-65% body fat	>65% body fat
					
Low risk	**Mild risk**	**Moderate risk**	**Serious risk**	**Severe risk**	**Extreme risk**
Face Minimal fat cover. Prominent bony structures. **Head & neck** Prominent distinction between head & shoulder. Loose scruff. No scruff fat. **Sternum** Prominent. Very easy to palpate. Minimal pectoral fat. **Scapula** Prominent. Very easy to palpate. **Ribs** Prominent. Very easy to palpate. **Abdomen** Loose abdominal skin. Easy to palpate abdominal contents. **Tail base** Prominent bony structure. Easy to palpate. Minimal fat cover. **Shape from the side** Moderate to slight abdominal tuck. **Shape from above** Marked hourglass.	**Face** Slight fat cover. Defined bony structures. **Head & neck** Clear distinction between head & shoulder. Loose scruff. Slight scruff fat. **Sternum** Defined, slightly prominent. Easy to palpate. Slight to moderate pectoral fat. **Scapula** Defined, slightly prominent. Easy / Very easy to palpate. **Ribs** Not prominent. Easy to palpate. **Abdomen** Loose abdominal skin with minimal fat. Easy to palpate abdominal contents. **Tail base** Slightly to minimally prominent bony structure. Palpable. Slight fat cover. **Shape from the side** No abdominal tuck. **Shape from above** Slight hourglass / Lumbar waist.	**Face** Slight to moderate fat cover. Defined to slight bony structures. **Head & neck** Clear to slight distinction between head & shoulder. Loose to snug scruff. Slight to moderate scruff fat. **Sternum** Minimally prominent. Palpable. Moderate pectoral fat. **Scapula** Slightly prominent. Easy to palpate. **Ribs** Not prominent. Palpable. **Abdomen** Obvious skin fold with moderate fat. Easy to palpate abdominal contents. **Tail base** Minimally prominent bony structure. Palpable. Slight to moderate fat cover. **Shape from the side** Slight abdominal bulge. **Shape from above** Lumbar waist.	**Face** Moderate fat cover. Slight to minimal bony structures. **Head & neck** Minimal distinction between head & shoulder. Loose to snug scruff. Moderate scruff fat. **Sternum** Poorly defined. Difficult to palpate. Thick pectoral fat. **Scapula** Minimally to not prominent. Palpable. **Ribs** Not prominent. Difficult to palpate. **Abdomen** Heavy fat pad. Difficult to palpate abdominal contents. **Tail base** Poorly defined bony structure. Difficult to palpate. Moderate to thick fat cover. **Shape from the side** Moderate abdominal bulge. **Shape from above** Broadened back.	**Face** Thick fat cover. Minimal to no bony structures. **Head & neck** Poor to no distinction between head & shoulder. Snug to tight scruff. Very thick scruff fat. **Sternum** Not prominent. Extremely difficult to palpate. Extremely thick pectoral fat. **Scapula** Not prominent. Difficult to palpate. **Ribs** Not prominent. Extremely difficult to impossible to palpate. **Abdomen** Very heavy fat pad; indistinct from abdominal fat. Impossible to palpate abdominal contents. **Tail base** Bony structure not prominent. Very difficult to palpate. Very thick fat cover. **Shape from the side** Severe abdominal bulge. **Shape from above** Severely broadened back.	**Face** Very thick fat cover. No bony structures. **Head & neck** No distinction between head & shoulder. Tight scruff. Very thick scruff fat. **Sternum** Not prominent. Impossible to palpate. Extreme pectoral fat. **Scapula** Not prominent. Impossible to palpate. **Ribs** Not prominent. Impossible to palpate. **Abdomen** Extremely heavy fat pad; indistinct from abdominal fat. Impossible to palpate abdominal contents. **Tail base** Bony structure not prominent. Extremely difficult to palpate. Extremely thick fat cover. **Shape from the side** Very severe abdominal bulge. **Shape from above** Extremely broadened back.

Hill's PRESCRIPTION DIET

www.hillsvet.com

3 steps to determine ideal weight

1. Weigh the pet
2. Determine the pet's body fat percentage using images and descriptors on the reverse side
3. Establish ideal weight using this chart

Current weight (kg)	Ideal body weight (kg)					
	20% body fat	30% body fat	40% body fat	50% body fat	60% body fat	70% body fat
3	3.0	2.6	2.3	1.9	1.5	1.4
3.5	3.5	3.1	2.6	2.2	1.8	1.5
4	4.0	3.5	3.0	2.5	2.0	1.7
4.5	4.5	3.9	3.4	2.8	2.3	1.9
5	5.0	4.4	3.8	3.1	2.5	2.0
5.5	5.5	4.8	4.1	3.4	2.8	2.2
6	6.0	5.3	4.5	3.8	3.0	2.4
6.5	6.5	5.7	4.9	4.1	3.3	2.6
7	7.0	6.1	5.3	4.4	3.5	2.7
7.5	7.5	6.6	5.6	4.7	3.8	2.9
8	8.0	7.0	6.0	5.0	4.0	3.1
8.5	8.5	7.4	6.4	5.3	4.3	3.2
9	9.0	7.9	6.8	5.6	4.5	3.4
9.5	9.5	8.3	7.1	5.9	4.8	3.6
10	10.0	8.8	7.5	6.3	5.0	3.7
10.5	10.5	9.2	7.9	6.6	5.3	3.9
11	11.0	9.6	8.3	6.9	5.5	4.1
11.5	11.5	10.1	8.6	7.2	5.8	4.3
12	12.0	10.5	9.0	7.5	6.0	4.4
12.5	12.5	10.9	9.4	7.8	6.3	4.6
13	13.0	11.4	9.8	8.1	6.5	4.8
13.5	13.5	11.8	10.1	8.4	6.8	4.9
14	14.0	12.3	10.5	8.8	7.0	5.1
14.5	14.5	12.7	10.9	9.1	7.3	5.3
15	15.0	13.1	11.3	9.4	7.5	5.4
15.5	15.5	13.6	11.6	9.7	7.8	5.6
16	16.0	14.0	12.0	10.0	8.0	5.8
16.5	16.5	14.4	12.4	10.3	8.3	6.0

Ideal body weights are calculated using current weight. Body Fat Index may vary slightly by breed and individual.

Hill's PRESCRIPTION DIET