

Body Fat Index (BFI): The next evolution of the BCS

- If the pet is overweight, it is critical to determine ideal weight correctly for the weight loss programme to succeed
- Body Fat Index (BFI) scale expands on the current Body Condition Score (BCS) scale to help veterinarians more precisely assess individual pet's ideal weight
- Key benefits
 - Combining BFI assessment in combination with actual weight provides instant ideal weight recommendation
 - BFI risk chart allows showing pet owner relation between access weight and increased health risk
- Developed during a multi-year research programme in cooperation with a leading veterinary school

Current Body Condition Score (BCS)





Use this 7-step protocol for every patient/visit:



Assess the pet's weight

- Weigh and record pet's weight
- Review history for significant weight changes
- Make weight assessment



Determine Body Fat Index (BFI)

- Get client involved. Look at pet while standing next to client
- Check overall pet's shape, ribs, tail base
- Establish BFI index and establish ideal weight



Discuss the risks of obesity with pet owner

- Associated with systemic inflammation, that may threaten health/longevity
- Increased anaesthetic risk
- Diabetes, cancer, arthritis, heart
 respiratory
 disease, high blood pressure



Recommend appropriate food

- Set achievable goals for weight loss to avoid owner disappointment
- Recommend pet food formulated for weight loss (e.g. Hill's™ Prescription Diet™ r/d™)



Reinforce your recommendation

- Address concerns
- Discuss nutritional benefits
- Provide written instructions and consumer leaflet for more information



Review your recommendation

- Establish expected weight loss per week
- Reinforce daily feeding amounts and treats



Follow up with regular weigh-in appointments

- Offer support and encouragement
- Recommend Hill's[™]
 Prescription Diet[™]
 w/d[™] when weight
 loss achieved

